Downsizing room by room

A calm plan for sorting a lifetime of belongings before a move.

- Start with the new space: measure it and list what fits
- Keep: daily essentials, favorite chair, photos, a few meaningful items
- Family: let relatives choose keepsakes and label them
- Sell: estate sale, consignment, or online
- Donate: clothing, furniture, kitchen items
- Shred: old financial papers (keep 7 years of tax records)
- Haul: what remains, with a licensed, insured company
- Hire only licensed movers: check registration with FDACS before you book

Florida moving consumer guide: Attorney General: On the Move (PDF). Local helpers: novitaway.com/helpers/

General information only, not medical, legal or financial advice. Programs and amounts change; confirm with the official source or a qualified professional. Novita Way LLC serves families in Pinellas, Hillsborough, Pasco and Manatee counties, Florida. Placement help is free to families.