Hospital and rehab discharge checklist

Everything to ask and arrange before a loved one leaves the hospital or a rehab stay.

Ask the care team

- ☐ What is the discharge plan: home, rehab (skilled nursing), assisted living or memory care?
- ☐ Inpatient or observation status? (It affects Medicare coverage of rehab.)
- ☐ Expected discharge date and time
- ☐ Name and phone of the case manager or social worker
- ☐ New medications, stopped medications, and who sends prescriptions
- ☐ Equipment needed (walker, wheelchair, oxygen, hospital bed) and who orders it
- ☐ Home health or therapy orders
- ☐ Follow-up appointments

If home is not safe

- ☐ Ask for a list of rehab or assisted living options with openings
- ☐ Ask whether the community will need a health assessment form from the doctor (in Florida, assisted living uses AHCA Form 1823)
- ☐ Call Novita Way for free help comparing options: (727) 632-8291

Notes

Case manager: _____

Discharge date: _____

Next appointment: _____

General information only, not medical, legal or financial advice. Programs and amounts change; confirm with the official source or a qualified professional. Novita Way LLC serves families in Pinellas, Hillsborough, Pasco and Manatee counties, Florida. Placement help is free to families.