Talking with a parent about moving

A gentle guide to starting the conversation about more help or a move.

- Start early, before a crisis, and expect more than one conversation
- Lead with what they care about: safety, independence, being near family, not being a burden
- Ask questions and listen more than you talk
- Use examples, not labels: "I worry when you're alone at night after the fall"
- Offer choices and visit communities together
- Bring in someone they trust: a doctor, pastor or friend
- If memory loss makes decisions unsafe, talk with an elder-law attorney about legal options

General information only, not medical, legal or financial advice. Programs and amounts change; confirm with the official source or a qualified professional. Novita Way LLC serves families in Pinellas, Hillsborough, Pasco and Manatee counties, Florida. Placement help is free to families.