What to pack for assisted living

A packing list for move-in, plus what to leave at home.

Pack

- 7 to 10 days of comfortable, labeled clothing and shoes with good grip
- Toiletries and personal care items
- Medication list (the community manages medications per its policy)
- Photos, a favorite chair, blanket and familiar decor
- Phone, charger, glasses, hearing aids and spare batteries (labeled)
- A small amount of spending money
- Copies of ID, insurance cards and advance directives (originals stay with family)

Leave at home

- Valuable jewelry and large amounts of cash
- Throw rugs and extension cords
- Items the community does not allow (ask for their list)

General information only, not medical, legal or financial advice. Programs and amounts change; confirm with the official source or a qualified professional. Novita Way LLC serves families in Pinellas, Hillsborough, Pasco and Manatee counties, Florida. Placement help is free to families.